

Collaborative Education Series

On-Demand: Cardiac Injuries in Sports & Non-Emergent Spine Injuries CAT A Presentation

MaineGeneral YouTube

'On-Demand' Presentation

Audience: AT's, PT's, OT's,
other medical professionals
and students.

Date: On-Demand

Time: On-Demand

Tuition:
\$20.00

For Registration:

[CLICK HERE](#)

We will send you the YouTube link
to the email you registered with once
your registration has been
processed

**Completion of the Course
Evaluation form is required
before CEU certificates will
be awarded! Evaluation link is
located in the YouTube video
description.**

Please contact **Steve Tosi** with
any questions.

Steve.tosi@mainegeneral.org

Marketing and registration
also located on BOC website

[Search for P2258](#)

Program Date: September 27, 2023
Release as On-Demand Date: October 4, 2023
Expiration Date: October 4, 2026

Presenters:

ON-DEMAND- **Thomas Hoke, MD**

MaineGeneral Sports Medicine

- Early in 2023 a shocking cardiac event happened in front of thousands of people. This sparked conversations at every level about an athletic trainers' role in emergency cardiac events, such as commotio cordis, or other injuries that would cause the heart of an otherwise healthy individual, to stop. While athletic trainers educate and train for the worst, in a moment where everything is going wrong, having the most recent information could mean the difference between life and death for our athletes. By participating in this program, athletic trainers will be provided with the most recent information and statistics regarding acute cardiac injuries, assessment tools, Emergency Action Plan pearls, and guidelines for immediate and long-term treatment. The athletic trainer will also gain knowledge about the likelihood of these athletes returning to play.

Objectives:

- Detect a possible Cardiac Emergency on the sideline and respond appropriately and swiftly.
- Create a pre-event plan (EAP) for a possible Cardiac Emergency on the sideline.
- Identify the risk factors for atrial fibrillation in athletes and help facilitate management and future participation.

Presenters:

ON-DEMAND- **Robert Stevens, DO**

MaineGeneral Sports Medicine

- Injuries to the spine can be life threatening and life changing, and the need for fast and accurate diagnosis and treatment is critical in preventing further injury. On-field evaluations focus is on determining if the patient needs EMS transport or not. But what about when a patient is stuck in the grey area? Non-emergent spine injuries can be difficult to assess, and to treat. This program will review anatomy of the spine, potential injuries, evaluation tools, and provide techniques to determine when an injury is considered "non-emergent" and what to do after that decision is made. By participating in this program, athletic trainers will be given tools to assess an athlete with an acute injury to the spine and determine the best treatment option. The athletic trainer will also learn about the various injuries to be aware of, when referral and imaging may be necessary, and treatment options so that the athlete may return quickly and safely to activity.

Objectives:

- Identify unstable spinal fractures on field and in clinical setting.
- Recall spinal stabilization guidelines
- Apply return to play guidelines for spinal conditions and fractures
- Perform management of spondylolysis in the athlete
- Apply management of sacral stress fractures in the athlete

To view all our BOC On-Demand Programs:

SCAN



For AT's, PT's, OT's EMT's, MA's



According to the education levels described by the PDC, the following continuing education course is considered to be **Advanced**.

Credits awarded:

CEU's awarded: 2 CAT A CEUs

MaineGeneral Medical Center (BOC AP#: P2258) is approved by the Board of Certification, Inc. to provide continuing education to Certified Athletic Trainers. This program is eligible for a maximum of (2) CAT A CEUs. ATs should claim only those hours actually spent in the educational program.

Cancellation and Refund policy:

It is our priority at MaineGeneral Medical Center to provide quality Continuing Education. For certain events, a fee will be collected during pre-registration or at the event. This fee will be refunded in the event that the course is cancelled or is unable to take place. As part of our policy, we recognize that unforeseen circumstances can occur. Therefore, a refund will be granted to individuals who pre-register but are unable to attend the course.